



## **Chemical Peels Pre Treatment Care**

1. Stop using Accutane 1 year prior to the treatment.
2. Stop any type of exfoliating treatments (facials) to the area of treatment, 2-4 weeks prior and after your peel.
3. Stop applying Retin-A, Renova, Tazorac, and Differin 2 weeks prior and after, to the treatment area.
4. Stop sun tanning or using the tanning bed 2-4 weeks prior and after, to your treatment.
5. Stop any type of depilatory treatments (waxing, depilatory creams) to the area of treatment, 2 weeks prior after your peel.
6. Stop electrolysis, and any type of laser treatments (laser hair removal, IPL) to the area of treatment, 2-4 weeks before & after your peel.

## **Chemical Peels Post Treatment Care**

1. When cleansing, do not scrub. Use a gentle cleanser.
2. With the Chemical Peel, your skin may start to peel 2-3 days after the peel and continue to peel for 3 more days, your skin may or may not peel.
3. Do not peel, pick or scratch the treated area, as this may result in scarring.
4. Apply polysporin, bacitracin or Vaseline to dry flaky areas.
5. Do not have any other facial treatments for at least 2 weeks after your peel or until the skin is smooth and back to normal.
6. If given a cortisone cream, please apply it 1-3 times per day to red irritated areas or as directed.
7. Always wear your sunscreen, apply a sunscreen with SPF 30 or higher every morning.